

Questions to Ask at the Doctor's Office



Diagnosis:

- What is the name of the condition? _____
- How do you spell it? _____
- What causes this problem? _____
- What do you think caused this problem? _____
- How will this affect daily activities? _____
- Is this diagnosis permanent? _____
- How will this condition impact future plans? _____
- How will it be treated/managed? _____
- How will this interact with other medical problems? _____
- A specialist has said _____, do you agree? _____

Medications:

- What is the name of the medication? _____
- What is its generic name? _____
- What will it treat? _____
- Should it be taken with or in between meals? _____
- Can the pill be split if the dose is too high? _____
- What activities should be avoided while on this medicine? _____
- What food should be avoided on this medicine? _____
- Should this be taken with a full glass of water? _____
- How long until the medicine starts to work? _____
- What happens if a dose is missed during the day? _____
- What are the common side effects? _____
- What are the rarer side effects? _____

Medical tests:

- Why is this test being done now? _____
- Is any special preparation needed for the test? _____
- Is it possible to drive afterward? _____
- Are there possible side effects? _____
- How will the results be delivered? _____
- What impact does it have in combination with current medications? _____

NOTES:

